## Powhatan Family Counseling and Education Center

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## Good Faith Estimate Co-parenting

Co-parenting, for ethical reasons, cannot be billed through insurance. I will be happy to answer any questions about this in our session. As a result, all sessions involve self-pay rates. I will not be diagnosing either of the parties, so it is not possible for you to submit the bill yourself to insurance. Insurance requires a diagnosis in order for the billing to be processed.

For our work together my hourly rate will be \$200.00. This hourly rate applies to both joint and individual sessions. These sessions will be between 45 and 55 minutes long. If we meet for  $1\frac{1}{2}$  hours, then the rate will be \$300.00.

Generally, we will begin by meeting twice per month for a monthly cost of \$200 per person. If there are urgent matters, you and your co-parent may request more frequent sessions which will of course increase this monthly cost. The goal is for you and your co-parent to work together effectively without my assistance. This goal is dependent on your willingness to accept feedback and change your behaviors. Sometimes people move to monthly appointments as quickly as 6 months into the process. For other co-parents, the process takes longer. We can assess progress towards this goal every 6 months at your request. At that time, we can discuss the future costs of co-parenting.

My hourly rate for Court is \$300.00. If I am subpoenaed by the GAL, both parties share this cost. If I am subpoenaed by one of the attorneys, that party pays the fee in full. For Court, I charge preparation time, travel time and for my time waiting to be called. If Court is not cancelled within 48 hours, all of these fees will be incurred regardless of whether I am required to be present. Please ask for a separate estimate of Court costs when I am subpoenaed.

My hourly rate for telephone calls with attorneys is \$160.00. My hourly rate for emails is also \$160.00.

Reports vary a great deal in price because they vary in the extensiveness of the request. I can give an estimate of a report once it is requested, and I have had a chance to assess the depth of the report needed.

Please feel free at any time to ask for an explanation of any charges you are incurring. I want these costs to be as transparent as possible. I look forward to working with you during this difficult time.