

**Powhatan Family Counseling  
and Education Center**

Dr. Judith Cain-Oliver, Licensed Clinical Psychologist  
2156 Plainview Business Center · Powhatan, VA 23139  
(804) 598-9577 · Fax (804) 598-0084

**Insurance Benefits Form**

**Insurance companies often manage mental health benefits differently than general medical services. You must call your insurance company to ask about OUTPATIENT MENTAL HEALTH BENEFITS before services are rendered. Failure to do so could result in all charges incurred being your responsibility.**

**You will need to call the mental health or member services number on your insurance card. Use this form below to obtain the appropriate information. Ask the customer service representative the following questions and complete the entire form.**

Patient's Name: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Telephone number you called: \_\_\_\_\_

Name of customer service representative: \_\_\_\_\_

Does the **Mental Health** portion of your coverage list Dr. Judith Cain-Oliver as participating in their provider network? \_\_\_\_\_

If not, will a portion of the services be covered by "out-of-network" benefits? \_\_\_\_\_

If "yes", what percentage will be covered? \_\_\_\_\_

When does your "benefit year" begin? \_\_\_\_\_

What is the amount of your yearly deductible? \_\_\_\_\_

What amount of the yearly deductible has already been met? \_\_\_\_\_

What is the copayment or coinsurance amount? \_\_\_\_\_

Is pre-authorization required for **Outpatient Mental Health** services? \_\_\_\_\_

If "yes", tell them the date of your first appointment and ask them to give you:

the Authorization Number: \_\_\_\_\_

the number of sessions authorized \_\_\_\_\_

dates of authorization starting \_\_\_\_\_ through \_\_\_\_\_

What is the mailing address for **Mental Health** claims?

(Do not assume the address on your insurance card applies to mental health.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

We appreciate your help in providing accurate insurance information to our billing department to ensure correct and prompt payments.

I understand I may be responsible for full payment of all charges if this form is not completed as required.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Person Responsible for Payment